

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Chicken curry rice and poppadoms	Meatballs and pasta	Sausage mash and beans	Roast beef potatoes and veg	Fish pie and veg
	Fresh fruit	Banana loaf	Jam sponge and custard	Yoghurt	Ice-cream
Allergens	1,2,4,9,13	1,2,4,6,7	2,4,5,7	1,2,7	2,4,5,7,

Light Tea	Jacket potatoes Yoghurt	Cracker selection Fresh fruit	Sanwiches and Salad sticks Yoghurt and biscuit	Pasta Bake Whip	Waffles,ham and beans Fresh fruit
Allergens	2,7	6,7	2,7,13	2,4,6,7	2,4,6,7,9

Week 2	Spanish chicken with rice	Cottage pie with seasonal veg	Roast chicken potatoes and veg	Lasagne garlic bread and salad	Sausage plait potatoes and veg
	Homemade cake and custard	shortbread	Chocolate Cracknel	fresh fruit	Artic roll
Allergens	1,2,4,5,6,7,10	1,2,4,7,9,13	1,2,9,13	1,2,4,6,7,9	2,7

Light Tea	Sandwiches Yoghurt	Sausages and hoops Swiss Roll	Pasta bake Carrot cake	Jacket potatos Yoghurt	Beans on toast Fresh fruit
Allergens	2,7	2,4	2,4,6,7	7	2,6,7

Week 3	Pick a pasta salad & garlic bread	Gammon, saute potatoes and beans	stew and mash	chilli con carne rice and naan bread	Roast turkey potatoes and veg
	banana and custard	fresh fruit	h/m cake with spinkles	Refridgerator cake	chocolate & beetroot cake
Allergens	2,7	1,2,9,13	2,4	1,2,6,7,9	1,2,4

Light Tea	Chicken, potato balls & salad Fresh fruit	Wraps and salad Mousse	Crumpets yoghurt and biscuit	Hoops on toast fresh fruit	party tea fresh fruit
Allergens	2,6,7	2,6,7	2,7	2,6,7	1,2,6

All our meat is sourced from a local butcher